DIY Braided T-Shirt Tug-o-War Toy

**Time:** 20-30 minutes  
**Materials:** Old T-shirt(s) and scissors  
**Meant for:** Dogs  
**Pro Tip:** If you use multiple t-shirts you can create fun braided color patterns and several versions of this toy!

I used two t-shirts to have two different colors, but you can make the toy with just one.

Start by cutting the bottoms seams off your shirt(s).
Next, on both sides of the t-shirt cut the edges from bottom to top completely removing the sleeves and their seams (yellow line). Next cut off the collar of the shirt (red line).

You should now have a nice big rectangle. If using multiple shirts repeat the process again with each.
You should now have 2 (or 4) rectangle pieces of t-shirt.

At the bottom of your shirt measure and mark out 6 strips. I used my fingers, but you can use a ruler.
Once you have all your strips cut, grab 3. I kept the front and backs of the t-shirt together to make a thicker tug toy (so 6 strips all together).

Grab the strips from the top and tie them all together to create one big knot.
Anchor your top knot to something and begin to braid the three strands together nice and tight. If you don’t know how to braid you can find tutorials on YouTube.

Once you start to run out of t-shirt, tie it off with another tight knot.

Viola there is one!
Version #2:

After tying your top knot, braid 2-3 times, and then make another large knot in the center before continuing to braid and tie-off at the end with one last knot.
Version #3:

Using only 3 strips of t-shirts (not 6) you can make a smaller, thinner tug toy.

Tie in the center to start and braid outward in both directions. Tie-off the ends!
Viola! 3 different styles of tug-toys for your doggo at home.